OLSP – LTP following EdStart units of work.

	EYFS	Y1	Y2	Y3	Y4	Y5	Y6
Autumn 1 (weeks 1-3) (6 lessons)	Intro to games playing	Intro to games playing	Intro to games playing – football, basketball, handball	Intro to invasion games competing – basketball & football	Development of invasion games competing – basketball & football	Basketball	Basketball
Autumn 1 (weeks 4-6) (6 lessons)	Intro to games competing	Intro to games competing	Intro to games playing – hockey, tag rugby, dodgeball	Intro to invasion games competing – Handball & netball	Development of invasion games competing – Handball & netball	Football	Football
Autumn 2 (weeks 1-3) (6 lessons)	Movement to music	Movement to music	Movement to music	Intro to Movement to music – find your own beat	Development of Movement to music - dance	Movement to music - dance	Movement to music - dance
Autumn 2 (weeks 4-6) (6 lessons)	Animal Boogie yoga	Jungle yoga	Jungle yoga	Intro to yoga	Development of yoga	Tag rugby	Tag rugby
Spring 1 (weeks 1-3) (6 lessons)	Intro to racket skills playing	Intro to racket skills playing	Intro to net & wall games playing	Intro to net & wall games competing – tennis & badminton	Development of net & wall games competing – tennis & badminton	Badminton	Badminton
Spring 1 (weeks 4-6) (6 lessons)	Fundamental movement skills moving – locomotor skills	Fundamental movement skills moving – locomotor skills	Intro to racket skills	Intro to net & wall games competing – volleyball & dodgeball	Development of net & wall games competing – volleyball & dodgeball	Dodgeball	Dodgeball

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Spring 2 (weeks 1-3) (6 lessons)	Gymnastics	Gym-nastics	Gymnastics	Intro to gymnastics	Development of gymnastics	Gymnastics	Gymnastics
Spring 2 (weeks 4-6) (6 lessons)	Fundamental movement skills moving – body control	Fundamental movement skills moving – body control	Fundamental movement skills moving – body control	Intro to invasion games competing – basketball & football	Development of invasion games competing – basketball & football	Handball	Handball
Summer 1 (weeks 1-3) (6 lessons)	Fundamental movement skills playing – object control	Fundamental movement skills playing – object control	Fundamental movement skills playing – object control	Intro to invasion games competing – Handball & netball	Development of invasion games competing – Handball & netball	Netball	Netball
Summer 1 (weeks 4-6) (6 lessons)	Fundamental movement skills competing – object control	Fundamental movement skills competing – object control	Fundamental movement skills competing – object control	Intro to striking and fielding Playing – rounders & cricket	Development of striking and fielding playing – rounders & cricket	Cricket	Cricket
Summer 2 (weeks 1-3) (6 lessons)	Story book sports	Intro to striking and fielding playing	Intro to striking and fielding playing	Intro to striking and fielding competing – rounders & cricket	Development of striking and fielding competing – rounders & cricket	Rounders	Rounders
Summer 2 (weeks 4-6) (6 lessons)	Sports day events	Sports day events	Sports day events	Intro to athletics	Development of Athletics	Athletics	Athletics

Repeated unit